



WHOLE FAMILY CHIROPRACTIC

What to look for if considering referring to a pediatric chiropractor?

Thank you for considering Whole Family Chiropractic to help the kiddos you care for! We want to make your job easier, so we have put together this list of things to look out for that could be impacting the progress of the kiddos you work with.

Reasons to Refer - *Things you're noticing or signs to look out for:*

- 1) A child who is plateaued with treatment
- 2) When a child is not responding or progressing as expected
- 3) A child who's had a high stress pregnancy, labor, or delivery including:
 - 1) Stressful life events for mom while pregnant
 - 2) Induction
 - 3) Stalled or non-progressing labor
 - 4) Forceps, suction, or other signs of a "stuck" baby
 - 5) Cord wrapped around neck
 - 6) C-section
- 4) In infancy:
 - 1) NICU stays
 - 2) Torticollis, or plagiocephaly
 - 3) Colic, reflux, difficulty nursing
 - 4) Favoring head to one side
- 5) In childhood:
 - 1) Falls or injuries (stitches, broken bones, concussions, etc)
 - 2) Chronic colds or colds that last a long-time, always stuffy & congested
 - 3) Frequent ear infections, strep throat, swollen tonsils/adenoids

The stresses or past issues above can all negatively affect the nervous system and increase the likelihood of a child being stuck in fight/flight.

How can we help?

These stresses affect the whole nervous system and they are also common symptoms of upper cervical issues which can affect the brain stem and vagus nerve. This can have a huge impact on proprioception, vestibular organization, and calm into the brain. We help by getting the child's nervous system back online and removing the stresses in these areas. By addressing these issues, it sets a child up for learning and making quicker progress through your therapies.

What to do - Next steps to refer:

- Have them email feelawesome@healthyfamilymn.com or call 651-789-0033 to set up their first appointment.
- Let us know who you're referring over and if there's anything specific you'd like us to keep an eye on or look into. Please email feelawesome@healthyfamilymn.com and include "Attn Doctors" in the subject line. We want to make sure we're supporting your work and your impact as much as possible!